



Rayat Shikshan Sanstha's

Dr. Patangrao Kadam Mahavidyalaya, Ramanandnagar (Burl)

Date: 29/07/2021

Shivaji University Under Lead College Scheme

Department of Physical Education & Sports

Organized

An One Day Online Workshop on 'Promoting Mental Health of Students'

"MENTAL HEALTH IS THE KEY TO SUCCESS" - DR. AJIT PATIL

"Only good mental health can lead a student to the pinnacle of success. Parents as well as teachers need time to pay attention to the mental health of students. For this, we should be in harmony with the students and make them talk more. They should be discouraged from virtual social media", expressed by **Dr, Ajit Patil, Psychologist, at Secretary State Psychologist Association, Maharashtra.** He was speaking at a workshop on 'Mental Health Promotion of Students' under the **Agrani Mahavidyalaya Yojana** at Rayat Shikshan Sanstha's, Dr. Patangrao Kadam Mahavidyalaya, Ramanandnagar (Burl).

At this time, Vice Principal, Dr. V.B. Patil in his presidential address, gave in-depth guidance on what needs to be done to improve the mental health of the students. He said, "Students should minimize the use of mobiles. The work should be done to stimulate the intellect in a short period of time".

The event was attended by the Professors and non-teaching staff and students from various colleges. The event was organized under the guidance of Principal of the college, Hon. Dr. L.D. Kadam. The program was coordinated by Prof. Lieutenant Sandesh Daunde, Head of Gymkhana Department. The event was hosted by Dr. Tejas Chavan and vote of thanks was paid by Prof. Amol Jamdade.

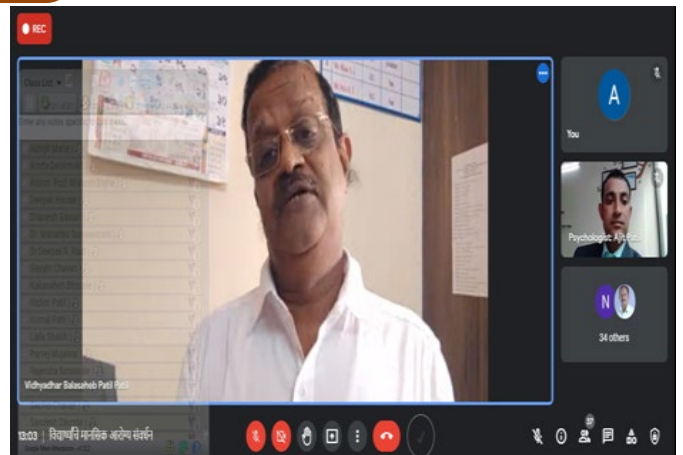
Outcomes:

1. Programme will be definitely help to improve mental health of the students.
2. It helps to realized everyone that Mental Health should be nurtured.


Beneficiaries: 123

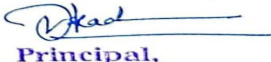


Dr. Ajit Patil giving guidance on promoting mental health of the students at the ongoing workshop



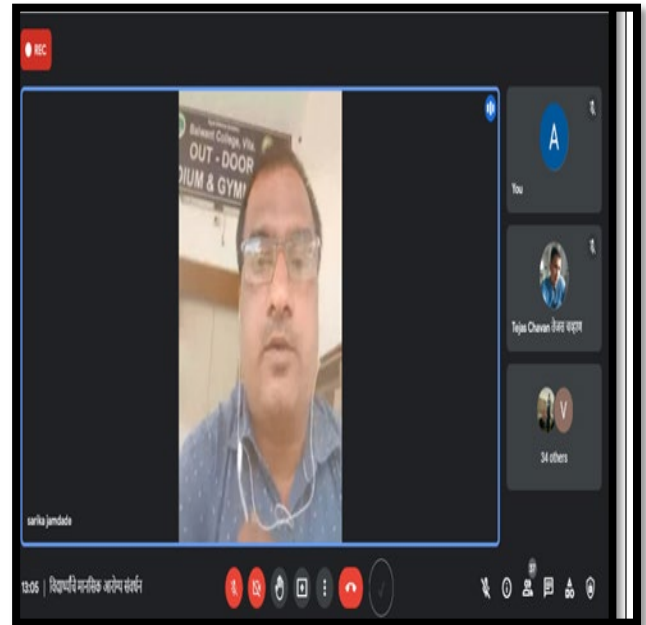
Dr. V.B. (Vice Principal) Patil giving presidential address at the workshop


Head of Dept.
Department of Sports & Physical Education
Dr. Patangrao Kadam Mahavidyalaya,
Ramanandnagar (Burl)

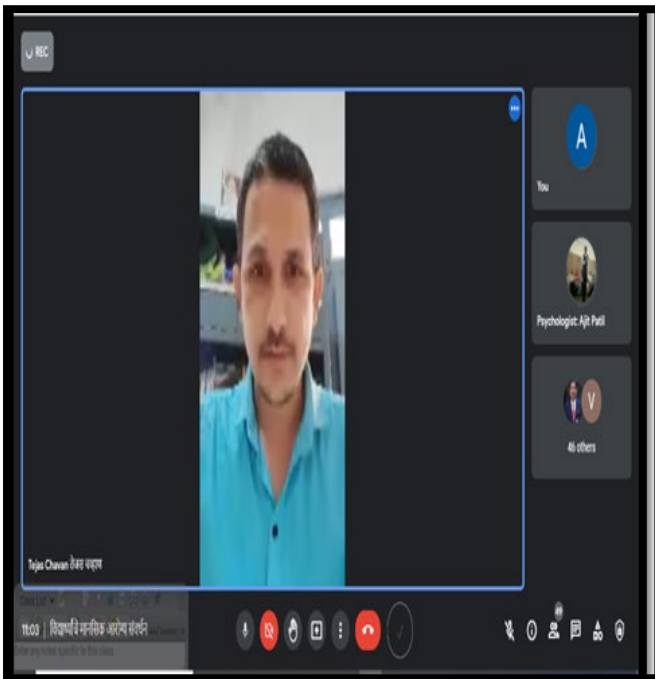

Principal,
Dr. Patangrao Kadam Mahavidyalaya,
Ramanandnagar (Burl)
Tal. Palus, Dist. Sangli.



Introducing theme of the workshop by Co-ordinator Prof. Lt. S.S. Daunde



Vote of Thanks paid by Prof. Amol Jamdade



Anchoring by Dr. Tejas Chavhan



Encouraging thoughts that come in everyday use

SSDaunde
Head of Dept.

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Dkadam

Principal,
Dr. Patangrao Kadam Mahavidyalaya,
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